

**intention: what one  
intends to bring about**

*What do I need to let go of?*

**Achieve**

**Bold**

**Compassion**

**Creative**

**Fair**

**Fun**

**Honest**

**Balance**

**Challenge**

**Community**

**Determined**

**Faith**

**Growth**

**Just**

*What do you want more of?*

*What is your number one goal for:  
1) personal 2) work 3) relationships*

**goal: an aim or a desired result**

*What has prevented you from reaching goals in the past?  
How can you break through this obstacle?*

**Kind**

**Lead**

**Love**

**Loyal**

**Peace**

**Popular**

**Respect**

**Secure**

**Service**

**Stable**

**Success**

**Trust**

**Wealth**

**Wise**

*What are your core values?  
Pick from the words on the sides of both pages!*

*What word would you like to describe you?*